

“LOOK ON THIS PICTURE—



AND ON THIS”—



How we shall look when we grow Old.

WHY SHE KILLED HERSELF.



How she then Appeared.

One winter day in the year 1875, a beautiful woman was found dead in her elegant apartment in the city of Paris. There were no signs of violence, and the theory of suicide seemed absurd in her case.

For many years this woman had been one of the leaders of fashion. She was known in all the capitals of Europe. No ball, reception, or other social event was complete without her. Her bright smile, winning manners, and witty talk were the soul of the high circles in which she moved. She was titled, rich, and almost as much admired by women as by men. She had no enemies, and, for a wonder, her name had never been associated with any scandal. Only the previous night she had attended a grand ball, and none of the galaxy of brilliant women present danced more gaily or laughed more merrily than she.

Yet here she lay—dead! Was she murdered? “Impossible,” said the police. Had she killed herself? “Ridiculous,” said her friends. Had she died of heart disease? “Stuff and nonsense,” said the doctors. Her domestic life had been a happy one. Her husband was



What she Died to Escape.

a quiet, retiring man, yet he had never objected to his wife's enjoying herself in her own way, and the four children idolized their mother.

Nobody could solve the mystery, and so she was buried. People talked for nine days and then changed the subject.

Three months later her husband happened to open a gold locket which contained a miniature portrait of his wife, painted on ivory a year or two after their marriage. Neatly folded and deposited inside of it was a sheet of tissue paper. On this, in his wife's fine hand, were written the following words addressed to him :

"The world will laugh if it ever finds out what I have done and why I did it. Let it laugh; my ears will be deaf. A woman's life is in her youth and good looks. Mine (pardon the egotism, my friend) have thus far made my life happy and victorious. I have been a rose leaf on a summer sea. To-day I noticed the first few streaks of gray in my hair. Do you say it was nothing? Ah, God! it was ice on my heart. My real life is ended. I am growing old. Nay, I am old now. The thought strikes me like the breath of a pestilence. No man can understand this—only a woman. I cannot bear it. I would rather die now than be a piping, withered crone, the ghost of what I was, a shivering exile in a chimney corner, waiting for death as the poor wait for a legacy. Bah! it is insufferable. I shall swallow five drops of a certain liquid and remain young for ever. You need not look for the poison. It defies analysis; it leaves no traces; no marks.

Mr. Hugh J. Grant, Mayor of New York,



As he now Appears.

I got it in Italy. The Borgias were great chemists. How like a woman, you will say, to fling away her soul through disgust at losing her beauty. Love the children and pray for
AMELIE."

Do we mean to say that any woman would rather die than grow old? No, not by any means. Still, growing old is more of a calamity to a woman than to a man; yet it is serious enough to either.

Look at the pictures in this book. Look at them until your mind grasps the meaning of them. They are positively startling! These wonderful portraits were drawn especially for us by M. Eugene Bauer, of Paris, whose bold and original genius has aroused the enthusiasm of the art critics. He can look into the face of any young person and tell how he will appear when time shall have worked its silent and fearful changes. His pencil is like the wand of a conjurer; it is the finger of fate. He often frightens people whose future likeness he is asked to sketch. They cry out, "Oh, yes! I shall look like that; I know I shall, but for Heaven's sake don't make me think of it now!"

Mr. Hugh J. Grant, Mayor of New York,



As he will Appear when he is Old.

These portraits give the solemn truth of nature. You see both the resemblance and the contrast ; yet the individual is the same. It is as though a person in youth or maturity were to sit for his photograph, grow old in an hour, then sit again, and place the two portraits side by side, as you see them in these pages. Nothing so surprising as this was ever before shown to the world. The idea and execution are peculiar to M. Bauer, and to him only. No sermon can be half so impressive ; no statistics so full of instruction.

Old age is unlovely. Women resort to many devices to hide its advance, and out of this natural feeling of vanity the inventors and dealers in such things make fortunes. Yet nobody is deceived. A man may thatch his bald head with a wig, but we all know it is a wig as well as he does. A fair woman may lay on the rouge with artistic skill, but we all know that the fixed color on her cheek is paint, and not the rosy blush of youth which comes and goes like the tints on a cloud at sunset.

But old age brings weakness and decrepitude. Ah !

Madame Adelina Patti,



As she now Appears.

that's the trouble. If it were not for that we shouldn't care. We don't like to break down. We don't like to be obliged to withdraw from the labors and enjoyments of life. The English prefer the game of cricket to baseball because a man can play cricket until he is fifty, whereas only young men can play ball. We don't like the idea of being switched off on a side track and called "the old folks." As the boys say, we "kick" against that as long as there is a kick left in us.

How long ought we to be able to live? Why should a dumb beast live longer than a man? Yet some of them do. We hardly learn how to get the good out of the world before we are too feeble to make use of it. Why should not the average of human life be one hundred and fifty years instead of thirty and thirty-five? Do we wear out? Yes, but only for the reason that we do not take care of ourselves. If a new locomotive were treated as we treat our bodies, it wouldn't last a year. We die of disease, and for every disease there is a remedy; only we don't know where to find it. Bar-

Madame Adelina Patti,



As she will Appear when she is Old.

ring accidents, men might live a century if they would only take the right medicine in time.

The Deacon's "One Hoss Shay," described by Dr. O. W. Holmes—

"Went to pieces all at once—
All at once, and nothing first,
Just as bubbles do when they burst."

But a man doesn't go off that fashion. He breaks up by degrees. The locomotive is condemned when it refuses to make steam any longer; when the fire won't burn. Human beings are much the same. Our food is the fuel, and the stomach is the fire-box. The digestion becomes poor, then worse, and finally there is hardly any power left in it. We cannot digest, and so we do not feel like eating; the appetite fails, too. As the stomach supplies the elements of vitality to the whole system, every function grows feeble in proportion as the digestion fails. Then commences a period of pain, misery and complaining. The blood, which is the product of the food, becomes sluggish, impure and devi-

Hon. Robert T. Lincoln, U. S. Minister to England,



As he now Appears.

talized. The nerves, missing the sustenance which in health is furnished to them by the blood, are weakened and unstrung, and all sorts of nervous ailments follow. The brain also suffers from the same cause, and the mind loses its original power and activity. The flesh gradually becomes flabby and wrinkled, and the muscles lose their elasticity and strength. The hair gets grey and falls off, and so one part after another breaks down until the poor human vehicle is a wreck by the roadside. This is old age.

The question arises : Is it necessary ? Can we avoid or postpone it ? Sooner or later, unless we die of violence or acute disease, we must all pass through this great change. But when is a man old ? Of course there is an average time when the signs of old age appear, but there is no law. A man is as old as he feels, and a woman as old as she looks. Some men are old at forty ; others are young at seventy. What makes the difference ? We answer that, other things being equal, the difference is in the digestion. " While a man can eat, digest, and sleep," says the Persian proverb, " he can defy time, trouble, and the devil." Why, the

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As he will Appear when he is Old.

period between forty-five and seventy ought to be the very best of our lives, and would be, if we were not a race of miserable dyspeptics. When a person is in good health the years between fifty and sixty are better than those between thirty and forty.

There is but one people who appear never to grow old, and they are the Communities of Shakers, to whom Mr. Gladstone refers in his review of "Robert Elsmere." You will never meet a bald-headed, a dyspeptic or a rheumatic Shaker. They have no aches or pains. They are as sprightly at seventy as other folks are at thirty-five. They work hard and are exposed to all sorts of weather; yet disease does not fasten upon them. Their flesh is ruddy, solid and smooth like the flesh of children. You would almost take the Shaker women for girls, so light and elastic is their bearing, and so bright their eyes. All visitors to the Shaker communities notice this and wonder at it. And the men remain strong and active long after the age when others have lain down for their last long sleep.

Why is this? Why have these people a hold on life which is denied to the rest of mankind? "The good

Mrs. President Cleveland,



As she now Appears.

die young," says Wordsworth. They don't die young among the Shakers; that is certain. Why not? For a very sufficient reason. The Shakers have studied the problem of digestion for the past hundred years, and understand it better than any other people on earth. What did they find? They found what they are now teaching others—namely, that nine-tenths of all the diseases, ailments and complaints that are afflicting and killing the human race arise directly or indirectly from troubles of the digestive organs. This fact led them to seek a remedy, which they believed the God of Nature had placed somewhere to await human discovery. After a long and discouraging search they heard of a medicine made in Germany for diseases of the digestion, but which had never attained perfect success because of a lack of the requisite skill and uniformity in its chemical preparation. This defect they were able to overcome, and finding the necessary herbs growing on the mountains near Mount Lebanon, N. Y.^e (the home of the leading Shaker community), they began its manu-

Mrs. President Cleveland,



As she will Appear when she is Old.

facture. Ever since that period the remedy has been properly known as Shaker Extract of Roots (Seigel's Syrup).

It was successful beyond their fondest hopes, and for the past fifty years the health and vigor of the Shakers has furnished proof of its secret power. Nothing else has so benign and mighty an influence to save and build up the decaying body of man. It will not roll back the river of time and restore our lost youth; but it will ward off and cure disease, and, when faithfully used, it will confer joyous good health on young and old, and continue it down to the distant hour when the weary wheels of life must at last stand still.

"Cure indigestion and dyspepsia," says Alonzo Hollister, the famous Shaker Author and Chemist, "and you will never be ill." It is a quaint saying of the Shakers that "indigestion is like a splinter in one's finger. As long as it remains there the inflammation cannot be subdued. Pull out the splinter, and the soreness soon gets well of itself." "From this," they say,

Mr. Jay Gould,



As he now Appears.

"we can all perceive that what are usually called, and believed to be, the symptoms of a great variety of diseases are in reality nothing more or less than symptoms of the presence of that one big splinter—in other words, of indigestion and dyspepsia." When people wonder at the clear skin and rosy cheeks of the Shaker women the latter always explain that it is due to the action of this medicine—now called Shaker Extract of Roots (Seigel's Syrup)—in keeping the blood pure and limpid, so that it flows freely through the fine capillary veins that fill the surface of the skin.

For many years the Shakers tested the value of this preparation on their own people before they would consent to allow it to be made known to the world at large. Since this was done Shaker Extract of Roots (Seigel's Syrup) has become famous in every country; not through advertising, but through one person telling another about its virtues and remarkable effects in diseases in which all other remedies proved unavailing.

Mr. Jay Gould,



As he will Appear when he is Old.

The reader must remember that while Shaker Extract of Roots (Seigel's Syrup) *cures only one* disease, that disease has many names, which have been given in ignorance of the truth. For example, rheumatism, kidney, liver and bladder troubles, all affections of the skin, all ailments of the bowels, the complaints peculiar to women, etc. These and many others are merely indigestion and dyspepsia in disguise and wrongly named.

We will here give some of the symptoms which, the Shakers say, call for an immediate resort to the magic remedy they found among the hills: Pains in the head, back and sides; distress after eating; dull and sleepy feelings; bad taste in the mouth, especially in the morning; sticky slime about the teeth; a faint, all-gone sensation at the pit of the stomach which food does not satisfy; a tired and weary feeling, which is not relieved by sleep; sunken and yellow eyes; cold hands and feet; a dry cough; melancholy and fear of evil without knowing why; giddiness and a whirling sensation in the head; scanty and high-colored urine, often depositing a sedi-

Mr. Nat. C. Goodwin (Comedian),



As he now Appears.

ment after standing; spots before the eyes; palpitation of the heart; chills; nervous prostration and weakness.

When any one of these ominous signs appears the sufferer should not delay in the hope that it will pass off. Like the red flags on a railroad, these are Nature's danger signals, which, whether we are young or old, must be heeded if we would live out our appointed days.

But length of years is not always the cause of the appearance of old age; some are old at thirty, some at forty, and most people are old at fifty. The reason is that the system is broken down with disease by defective digestion and assimilation. The vital energies are exhausted.

"DON'T PUBLISH MY NAME."

We are almost daily in receipt of letters from druggists and medicine dealers living in different parts of the country, describing cures effected by Shaker Extract of Roots (Seigel's Syrup). But in many of these cases

Mr. Nat. C. Goodwin (Comedian),**As he will Appear when he is Old.**

people relate their experience to the druggist in strict confidence. They are willing their names should be sent to us, but only as a guarantee of the truth of their statements; they object to having them published. This delicacy on the part of our friends we feel bound to respect. We never print the names or addresses of any of the thousands who commend our remedies without the knowledge and consent of the persons interested. Often, however, people who shrink from the actual publication of their names, are willing to have us print the *facts* in their cases, and to place their names in our hands so that inquiring parties may address them and obtain further information by private correspondence. To accomplish this end they are obliged, of course, to trust their druggists, just as the latter confide in us. And we may add, that confidence in these reputable, skillful and intelligent men can never be misplaced. They are necessarily in possession of many personal and family secrets, and are never known to betray them. On this honorable and high-minded class of men we may rely with the assurance that what they

Mrs. Langtry,



As she now Appears.

say is perfectly trustworthy and impartial. And as these druggists have an educated knowledge and wide experience of medicines, their endorsement of this preparation should carry great weight and decide any who are in doubt as to its merits.

One word more: If you have time only to read part of this little book, read what the *people* say about Shaker Extract of Roots (Seigel's Syrup), rather than what *we* say about it. We may have an interest in exaggerating its merits in order to sell it (*though we have never done so*), but those who have merely used it for illness have no motive for saying a word more than the bare truth; as, even if we could gain a million dollars a year, not one dollar of it would go to them. The following are from druggists and medicine dealers, and of recent date:

IT WOULD MAKE A BIG BOOK.

Mr. George Hickley, 101 Church street, Brighton, says: "The verbal testimony furnished daily by customers who have been benefited by using Shaker Ex-

Mrs. Langtry,



As she will Appear when she is Old.

tract of Roots (Seigel's Syrup) would soon fill a volume. A gentleman tells me he has found it a very valuable help in case of cold. He says it acts as a gentle aperient and purifier of the system. He says that during the latter part of his residence in Brooklyn he caught cold and had a violent cough. After using Shaker Extract of Roots (Seigel's Syrup) for a week he was sufficiently recovered to be able to undertake a voyage to England."

SPOKE OF IT WITH RAPTURE.

Mr. J. L. Evans, Medical Hall, Market Cross, Lymm, Cheshire, writes: "I hear very flattering accounts from many who have tried the Syrup, of the benefit derived from its use; and although there is no reluctance on the part of those who have proved the efficacy of the medicine to testify as to its value, I find them reluctant to have their names published. Only on Friday last an old lady, who had been ailing for years, came to tell me *in rapturous terms* of the benefit she had derived from this excellent remedy, but when asked if she would give me a testimonial she said she would rather not have her name published, but I might

Col Fred. Grant, U. S. Minister to Vienna,



As he now Appears.

refer any person I chose to her for proof of the excellence of the remedy. A customer, whose name I will make known on application, tells me that his wife has for some months been suffering from general debility, and found no relief from any medicine she took, or from any treatment prescribed by medical men, until she tried Shaker Extract of Roots (Seigel's Syrup), and after taking four bottles she was completely restored to health."

THE EATING-HOUSE KEEPER.

Mr. E. Howard, 184 Old Kent Road, London, writes: "I could send you a number of testimonials if the people did not, for various reasons, hesitate to allow themselves to be seen in print. My customers speak highly of the medicine, however, and the sales keep up. A neighbor of mine, who keeps an eating-house, says he has found great relief from taking Shaker Extract of Roots (Seigel's Syrup), which has quite removed the indigestion he suffered from. He recommends it to others, and says his customers frequently ask him to give them a dose."

Col. Fred. Grant, U. S. Minister to Vienna,



As he will Appear when he is Old.

FROM FAR-AWAY SHETLAND.

Mr. A. W. Laing, 101 Commercial Street, Lerwick, Shetland, writes: "A great many of my customers tell me that the Shaker Extract of Roots (Seigel's Syrup) is the only medicine that ever does them any good, but seem to be afraid of having their names in print. You see, in Shetland it is different from large centres, because here you may say everybody knows everybody, and I suppose that is the principal reason why they hesitate. Yet I have sold more Shaker Extract of Roots (Seigel's Syrup) during the past year than in almost any two years before, which shows its great and growing popularity."

DOWN IN THE NORTH SEA.

Mr. James Wood, Viewing Rendall, Orkney, writes: "Often in conversation in my shop my customers speak of the good Shaker Extract of Roots (Seigel's Syrup) has done them. They would like to have others know it, only they do not wish their names published. But there is one exception, Mr. William Stanger, of Gream-

Mr. Charles Stewart Parnell,**As he now Appears.**

shall, Orkney, who desires me to say that he was afflicted with pain in the stomach and bad indigestion. He got several bottles of medicine from the doctor, which did no good, and was quite cured with two bottles of Shaker Extract of Roots (Seigel's Syrup). The sale of the medicine is constantly increasing in Orkney."

THE ASTONISHING DEMAND.

Mr. Matthew Crewdson, 25 King street, Ulverston, writes: "My sales of Shaker Extract of Roots (Seigel's Syrup) are a matter of astonishment. The demand for it never falls away, and the people praise it. A farmer from the country called for a bottle the other day and said it had cured him of a severe stomach disease after the medical men had failed."

AFRAID OF THE DREADFUL PRINTER.

Mr. H. Wilson, Drug Hall, Holyhead, writes: "I recommend Shaker Extract of Roots (Seigel's Syrup) before any other medicine in my shop. My customers think as highly of it as I do, but object to having their names appear in any book or newspaper. I am ready to endorse it with my name anywhere in the world."

Mr. Charles Stewart Parnell,

As he will Appear when he is Old.

ONE DOSE AND TWO DOCTORS.

Mr. R. Needham, Leeds, writes: "One of my customers told me her husband had derived more benefit from one dose of Shaker Extract of Roots (Seigel's Syrup) than from all the medicine prescribed by two doctors who had previously attended him."

ONE DRUGGIST AND THREE DOCTORS.

Mr. F. J. Neade, Terenure Road, Rathgar, writes: "I know many cases of people relieved and cured by Shaker Extract of Roots (Seigel's Syrup), but who objected to the facts being made public. I myself always take it when troubled with indigestion and invariably find relief. Mr. Hynes, of No. 2 Rathgar Square, had long suffered from a stomach affection, which neither I nor three doctors could relieve him of. One bottle of Shaker Extract of Roots (Seigel's Syrup) completely cured him. He gives me leave to publish his case."

HOW HE LOST NINETEEN POUNDS.

Mr. Cocks (Manager), 7 Westgate street, Ipswich, writes: "A customer of ours, a farmer, was very ill about three years ago with indigestion and liver com-

Mrs. James Brown Potter,



As she now Appears.

plaint. Attimes he was confined to his bed. The local doctor treated him several months without good result. Then he came to town and was treated for a long time by a leading physician, to whom he paid \$50; but he was no better. To another eminent medical man he paid \$45. all in vain. An acquaintance said, 'Why don't you try Shaker Extract of Roots (Seigel's Syrup)?' The sufferer laughed as though it were a joke. His friend insisted, and at last the farmer yielded and did try it. A few doses gave him marked relief, and presently he was entirely well. I know the case personally, and also all the doctors alluded to. This farmer is often in my shop, and recommends Shaker Extract of Roots (Seigel's Syrup) to everybody. I know other cases like this, but people say they don't like to have their names mentioned. One lady, who lives only a short distance from my shop, has always been in delicate health, and says she 'is quite kept up by this remedy.'"

NERVOUS DEBILITY.

This is caused by a long-continued state of impurity of the blood, which irritates the nerves. Sleepless nights,

Mrs. James Brown Potter,



As she will Appear when she is Old.

twitching of the muscles, trembling of the limbs, poor appetite, easily disturbed by noise or excitement, desire to avoid company, peculiar sensations over the entire body, are among the difficulties which attend this complaint. A dose of Shaker Extract of Roots (Seigel's Syrup) at night will, in a short time, so cleanse the blood and soothe the nerves, and restore strength to the body, as to make life enjoyable and happy. Nervous debility vanishes before the quieting, purifying, and healthful action of Shaker Extract of Roots (Seigel's Syrup).

FEVER AND INFLAMMATION.

When there are free evacuations each day by the water passages and by the bowels, and by the sweat of the body, and all the corrupt and useless matters are carried off, there can exist no inflammation or feverish symptoms. Dyspepsia is the cause of these derangements. When these diseased particles are retained they poison the blood, which shows itself in various forms. When good and bad blood are struggling to get the bet-

Mr. Ned Harrigan (Comedian),



As he now Appears.

ter of each other, the irritation produced gives rise to fever and inflammation. How necessary, then, to keep every outlet of the body free and open, that no clogging or impure blood can exist! By attending to these passages of evacuation, persons can live to old age without one feverish symptom; and when bruised or cut by accident the wound will immediately heal without inflammation, if the blood be kept in a pure and uncorrupted state by the occasional use of this strengthening, cleansing, and invigorating medicine.

DISEASES OF THE LIVER.

When the liver becomes disordered and diseased, the person so afflicted is indeed miserable. He suffers with dull pains in the sides, bad taste in the mouth, spots before the eyes, flashes of heat, irregularities of the bowels, piles, coated tongue, disordered stomach, heart-burn, costiveness, and pain in the head. He frequently has a dry cough, high-colored urine, yellow skin, and

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As he will Appear when he is Old.

dull, sleepy sensations, rendering him unfit for business or for enjoyment. The hands and feet are cold, the circulation of the blood is sluggish; the patient suffers with vertigo, ringing in the ears, loss of appetite, nausea and sick headache, heartburn, dry, scurfy skin, etc.

The origin of this disease is Dyspepsia. Shaker Extract of Roots (Seigel's Syrup), will remove the cause, and the Liver will then resume its natural functions, and good health will be the result. The dose should be 10 to 20 drops three times a day *instantly* after eating.

THE BOWELS.

The bowels, in a healthy state, carry off all useless matter which can be carried off in solid form. Sometimes the main channel becomes choked up by slime on the coatings of the intestines, which gives rise to constipation and irregularity of the bowels. If the bile is not thrown out from the liver in sufficient quantities, the bowels become costive, and the membranes of the

Hon. Whitelaw Reid, U. S. Minister to France,



As he now Appears.

bowels become weak and irritated. When much irritation exists diarrhoea follows, because the bowels have not the strength to do what is required of them. Inflammation follows. The fundamental cause of this irregularity is Indigestion. Shaker Extract of Roots (Seigel's Syrup) will remove this indigestion, and cause the fresh, new blood to become pure and healthy.

PILES AND COSTIVENESS.

The soothing, balsamic, and healing properties of Shaker Extract of Roots (Seigel's Syrup) render it of the utmost value in curing hemorrhoids or piles. The movements from the bowels are made free, regular, and natural; all irritation is removed, inflammation is subdued, and the piles disappear as if by magic under the influence of this agreeable regulator and healer. Costiveness or diarrhoea cannot exist when this regulator has done its work, for it promotes exudation of sufficient bile and enough of the natural fluids of the intestines to regulate the movements and give tone to

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As he will Appear when he is Old.

the bowels. Blind piles, bleeding piles, itching piles, etc., disappear with the use of this remedy, and are cured as effectually when high up in the bowels as when at the terminus of the intestines.

SICK HEADACHE.

There are few persons who, at times, are not more or less subject to sick headache. Moderate and occasional use of the Extract is a sure preventive, as thousands who have tried it are willing to testify.

DISEASES OF THE STOMACH.

When the stomach is too weak to properly digest the food, the person so diseased is seriously afflicted. Dyspepsia shows itself in very many disagreeable forms, but more frequently in distress after eating, sourness of the stomach, beating and trembling of the stomach and sides, a sense of fullness, headache, dizziness, bad breath, loss of appetite, difficulty in breathing, restlessness, loss of strength, etc.

In dyspepsia the food remains in the stomach until it becomes corrupted, which poisons the blood and produces the most painful and distressing feelings.

The stomach loses its tone, becomes inflamed, and filled with slime and mucus. This produces giddiness, sick headache, and pressure upon the brain. Shaker Extract of Roots (Seigel's Syrup) cleans out the corrupt and noxious matters from the stomach, and strengthens the stomach to dissolve and digest the food, increases the flow and strength of the gastric juice, and produces harmonious action between the stomach, liver and intestines. All the organs work in concert—no jarring, no overtaking of one organ above another, which always damages the nervous system and works havoc and decay.

Strength to the stomach, invigoration of the liver, and tone to the bowels must necessarily follow the use of Shaker Extract of Roots (Seigel's Syrup). Mother Seigel assured me when I was at her home, near Berlin, that a few bottles of the Syrup had cured cases of indigestion of twenty years' standing, which had baffled the efforts of the best medical talent in Berlin. It corrects acidity, and promotes a flow of healthy gastric juice, which dissolves the food and carries it out of the stomach at the proper time.

URINARY DIFFICULTIES.

When the body is in a healthy state, the various salts contained in it are carried off by the water passages; but when there is a weakness in the urinary organs these particles do not pass off, but lodge in the bladder, kidneys, and urethra, and keep growing in size by continued fresh adhesions until they sometimes form substances varying in size from that of a pea to that of an egg.

Persons with gravel frequently pass some portions of it in their urine, but the main part of the sandy substance remains, and gives rise to inflammation, pain, heat, and intense suffering in making water. The accumulation of sand covers up the water passage, and the urine cannot find an outlet, and the most intense misery follows. When the bladder is full it must be emptied, but frequently the gravelly substance so clogs up the mouth of the water passage that an instrument has to be used to push back the gravel and let the water off.

Pain in the small of the back, hips and thighs; heat and inflammation; desire to make water, but cannot do so; and burning, smarting, indescribable agonies, which render life a burden and death courted, are among the symptoms of this disease. Sometimes the particles of gravel are so sharp and cutting that they tear the sides of the urinary passages, causing the blood to flow in great quantities. Sometimes the bladder and kidneys are filled with slime and cannot perform their duty. The water passages should always be kept free and open. When there is the least disposition to an accumulation of gravel, it should be immediately dissolved and made to pass off by its proper channel.

Shaker Extract of Roots (Seigel's Syrup) cleanses the kidneys and bladder and water passages from slime, and gives strength to the organs requiring sufficient power of endurance to perform all the labors required of them in carrying off the watery portions of the food, after all the nourishment it contained has entered into the blood and gone to repair the daily waste of the system.

RHEUMATISM.

Never before has there existed a remedy so unfailingly successful in rheumatic affections as Shaker Extract of Roots (Seigel's Syrup). It lubricates the joints, promotes the secretions of the fluids necessary to remove the stiffness of the muscles, removes hardened deposits in the joints, greases the machinery of nature, and makes it move easily. One or two bottles of Shaker Extract of Roots (Seigel's Syrup) will do more than a hogshead of liniments, for it carries out of the circulation the acrid humors in the blood upon which rheumatism depends, and removes inflammation, soreness and stiffness of the muscles.

A short trial will convince the most discouraged that it is all that is claimed for it.

☞ The seeds of disease—the worn-out particles of the body which are no longer of any service in carrying on the functions of life—should be carried out of the body as fast as they are generated. The occasional use of Shaker Extract of Roots (Seigel's Syrup) will clear out all these passages of the body and purify them.

The Syrup abstracts the diseased humors from the blood and makes it flow through the veins freely. No sluggishness can exist when the Syrup is used.

HEART DISEASE.

Many people imagine they have organic disease of the heart, when they have only Dyspepsia.

WORMS.

It is always the corrupted matter in the system which breeds these uncomfortable companions. Clear out these scavengers by the use of the Syrup, which so paralyzes them that they cannot cling to the side of the bowels, and when the corrupted matter is passed off by use of the Syrup they must also go with it. They and their nests are effectually destroyed and passed off.

Mothers should give their children occasional doses of the Syrup, that worms may not breed in the corrupt substances of the body.

Foul matters breed worms. Cleanse the system of impurities. Worms cannot breed in healthy substances, for they grow and thrive on the filth and corruption of the body.

SKIN DISEASES.

All diseases of the skin are blood diseases, for when the blood is pure the skin must be free from all unhealthy eruptions, and as we have stated, all impurity of the blood is caused by indigestion. Pimples on the face or body, erysipelas, salt rheum, ulcers, sores, boils, carbuncles, and every disease which shows itself upon the surface of the skin, are caused by bad blood. Scabs in the hair, sore eyes, running from the ears, etc., etc., are caused by vile humors in the blood, which can be speedily exterminated by the Syrup.

The skin of Old Mother Seigel was marvellously white, pure, and smooth, and although sixty-five years of age, she told me she attributed the elasticity and ivory whiteness of her skin to the occasional use of the Syrup. The coarsest skin can be made soft and beautiful by the use of this purifying Syrup. Rashes, festers, flesh worms, pimples, liver spots, blackheads, and all unhealthy appearances of the skin must yield to this great cleanser and brightener of the skin; for if the blood be pure the skin will be pure.

FEMALE DISEASES.

Shaker Extract of Roots (Seigel's Syrup) has given health and spirits to thousands of females. The hollow cheek, the sunken eye, the sallow countenance, the dark circles underneath the eyes, all are indicative of weakness of the female organs of generation, and are speedily overcome by the use of Shaker Extract of Roots (Seigel's Syrup).

During pregnancy the Syrup can be taken with perfect safety in 10 to 15 drop doses instantly after eating. If the bowels should be costive, an occasional dose of Shaker Family Pills will give great relief. Care should be used so as not to produce violent purging.

Its use removes obstructions, brings the hue of health to the countenance; and it should be used by females suffering from the various diseases to which the sex is subject, such as leucorrhœa, or whites, falling of the womb, bearing-down sensations, etc. Two or three bottles of Shaker Extract of Roots (Seigel's Syrup) will bring the blush to the cheek and vivacity and elasticity to the system. Flagging spirits are restored, and new life and vigor take the place of the loss of energy, sickness and decay.

SOME TERRIBLE MISTAKES.

The most unfortunate and terrible mistakes are often made. For example, a person begins to have a cough. At first it is a slight, dry hacking, but after a while he raises a little, there is a pain in the chest and side, shortness of breath, and the patient's friends think he is going into a decline with consumption. And as he has the symptoms of that fatal scourge, it is only natural they should come to that conclusion. A doctor is consulted and the patient is treated for consumption of the lungs. Now, the important fact to remember is that the symptoms of consumption are also the symptoms of indigestion and dyspepsia. There is the cough, the pains in the chest and side, the feeling of fatigue and languor; the increasing weakness, occasional night sweats, the variable appetite, etc. All these may appear without any disease of the lungs whatever, and in nine cases out of ten the trouble is with the digestive organs only. And because of these misleading symptoms thousands of persons die of indigestion and dyspepsia who might have been cured if they had been treated for that, instead of being uselessly and ignor-

antly doctored for consumption, a disease they did not have.

The same miserable and often fatal blunder is constantly made in regard to heart disease and liver and kidney complaints. These arise at the outset from indigestion and dyspepsia, and the symptoms are almost identical. But the attempt to cure them as separate and distinct diseases nearly always fails. The only safe way is to act upon the Shaker theory (see pages 9 and 10), and set right the digestion with Shaker Extract of Roots (Seigel's Syrup), when the local trouble will soon disappear. Strike at the root, remove the cause; that is the true method, and the success of Shaker Extract of Roots (Seigel's Syrup), in curing numberless cases of this kind proves how clearly those good and wise people understand what has so long been a mystery to others.

Therefore do not allow yourself to be treated for the wrong complaint. And, in order that the multitudes of people who look to us for information and direction may not remain in the dark, we once more repeat the symptoms which signify the same thing, and all point to disorders of the stomach and bowels. By reading them carefully and observing them in yourself or in your friends, you may avoid the sad mistakes of which we have spoken:

A feeling of distress after eating, with heaviness and deadness of the stomach; sickness and nausea; pains in the head, chest, sides and back, sometimes shifting from place to place; bad taste in the mouth and rising of offensive gas from the stomach; dizziness, as though you were going to fall; costiveness and irregularity of the bowels; yellow color of the eyes and skin; cold hands and feet; palpitation and heartburn; variable appetite, sometimes hungry and then loathing the very thought of food; sick headaches; ringing in the ears; spots before the eyes; flashes of heat across the body; difficulty in passing the urine, which is often of a high color, and leaves a sediment on standing; trouble of mind and vague fears for the future without being able to give a reason; restlessness, "the fidgets," poor sleep; unpleasant dreams; desire to avoid company; loss of ambition and dislike for work; a tired and weary feeling that is not relieved by rest; dry and scurfy skin; aching of the arms and legs, and soreness of the muscles.

These are some of the leading symptoms of indiges-

tion and dyspepsia, and show how easily it may be mistaken for other diseases, and all the more as it is the real *cause* of those same diseases, which cannot be cured so long as the cause exists. By observing these signs in yourself or in others, you need not be in doubt as to what the ailment is. Whether you have one or many of the above named symptoms you may recognize indigestion and dyspepsia, and should arrest its progress at once by taking Shaker Extract of Roots (Seigel's Syrup).

IT SURPRISED MR. TORBERT.

Madison, Ga., March 20th, 1889.—Some time ago I received a lot of your little books, and on reading one of them over I found Shaker Extract of Roots (Seigel's Syrup) advertised in it, and as I had been suffering with Nervous Dyspepsia, I bought a bottle and began taking it. I never had anything to do me so much good in all my life. My food used to sour on my stomach, just as soon as I ate it, and I would throw it up immediately after I had swallowed it; but since I began to take Shaker Extract of Roots (Seigel's Syrup) that trouble has stopped. I now digest what I eat, and nothing sours on my stomach. It is a splendid medicine, and I want you to send me one dozen bottles by express, for the use of friends to whom I have recommended it.
—M. A. TORBERT.

SHAKER SOOTHING PLASTERS.

A cure for pains in the back, chest and sides. The Soothing Plasters afford immediate relief.

Our Porous Plasters never get dry, because the ingredients of which they are composed are blended with India rubber. They refresh the system and banish aches of every kind. This is why they are called "Shaker Soothing Plasters."

If you are troubled with a cough, with pain in the chest, use the Shaker Soothing Plasters.

DIRECTIONS

For Using Shaker Extract of Roots (Seigel's Syrup).

DOSE.—FIFTEEN TO THIRTY DROPS, two or three times per day, in a wine-glass of water, *immediately* after eating.

NOTE.—*Shaker Extract of Roots (Seigel's Syrup)* is put up in a very highly-concentrated form; therefore the dose must be given in drops—one teaspoonful contains 60 drops. The dose is easily regulated, as one-quarter of a teaspoonful is 15 drops. Parties purchasing this medicine can rely on its having as much strength as if put up in pint bottles.

The quantity may be regulated by the patient, who will bear in mind that sufficient needs be taken to operate on the bowels two or three times each day. The blood will thus be purified, the sweat glands of the skin will be opened, and the flesh made soft and healthy as an infant's. The kidneys and liver will do their duty, and all humors of the blood will be driven out of the system, and the body purified and restored to a sound and healthy condition. The medicine must be taken *instantly* after eating, so that it will become mixed with the food while in the stomach.

Commence by taking ten or fifteen drops three times a day *instantly* after eating, in a little cold, sweetened water. It is best not to take the Syrup on an empty stomach. If this does not give relief, increase the dose to thirty drops, always to be taken *instantly* after eating, so that the Syrup may become mixed with the food while being digested. It is essential that the bowels be made to move freely every day, and if the above doses of Syrup be not sufficient to effect this, take one to four of Shaker Family Pills at bedtime. It is better to take the Pills than to increase the dose of Syrup.

A. J. WHITE.

Shaker Family Pills.

Unlike many kinds of cathartic medicines, these Pills do not make you feel worse before you feel better. Their operation is gentle, but thorough, and unattended with disagreeable effects, such as nausea, griping pains, etc., etc.

Shaker Family Pills are the best family physic that has ever been discovered. They cleanse the bowels from all irritating substances and leave them in a healthy condition. They cure costiveness.

These Pills prevent fevers and all kinds of sickness by removing all poisonous matter from the bowels. They operate briskly, yet mildly, without any pain.

If you take a severe cold and are threatened with a fever, with pains in the head, back and limbs, one or two doses of Shaker Family Pills will break up the cold and prevent the fever.

Shaker Family Pills prevent ill-effects from excess in eating or drinking. A good dose at bedtime renders a person fit for business or labor in the morning.

The Pills, being sugar-coated and pleasant to take, the disagreeable taste common to most pills is obviated.

Prices of Shaker Medicines:

<i>Shaker Extract of Roots (Seigel's Syrup)</i>	
<i>per Bottle.....</i>	<i>60 cts.</i>
<i>Shaker Family Pills, per Bottle.....</i>	<i>25 cts.</i>
<i>Shaker Soothing Plasters, each.....</i>	<i>25 cts.</i>

In case the reader cannot obtain the medicine from a local dealer, we will forward the same free on receipt of P. O. Order, or stamps, in a registered letter, for the quantity required.

Address,

A. J. WHITE,

168 Duane Street, New York.

For Sale by all Druggists and Dealers in Medicines generally.

How we shall look when we Grow Old

